



## **Transport to La Torre Alle Tolfe near Siena Tuscany Retreat 7<sup>th</sup> – 10<sup>th</sup> June 2018**

The villa's address is:

LA TORRE ALLE TOLFE  
STRADA DELLE TOLFE 14 53100  
SIENA  
ITALY

You are welcome at the villa anytime after lunch on Thursday 7<sup>th</sup> June.  
On the Sunday 10<sup>th</sup>, our last day together, you are welcome to leave the villa at any time in the afternoon.

### **Arrival at Siena on Thursday:**

Make your way to Siena, then we are happy to pick you up (by prior arrangement) or you can take a taxi directly to the villa.

### **Getting to Siena:**

There are number of ways to get to Siena via public transport. Mania from the villa says the following:

Florence:

I think the easiest would be Florence since it is a very easy airport with easy transfers to Florence centre where there are frequent buses to Siena.

Pisa:

Pisa is probably the next easiest - via Pisa-Siena bus link, or train link to Pisa train station then train to Siena with a change at Empoli or Florence.

Bologna:

Bologna is also not too bad with a train to Florence then bus to Siena or a taxi to the bus terminal in Bologna then bus to Siena.

Rome:

Rome to Siena is a bit awkward by train (2 changes) but there are buses to Siena twice daily, especially good if the flight times coincide with the buses.

On the Sunday, we are happy to transfer you back to Siena at the time most convenient to you.

To contact Emma: [emma@eatceteranutrition.com.au](mailto:emma@eatceteranutrition.com.au)